



My Curriculum Map

2023/2024

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1	Dance : Unit 1 Yoga	Fundamentals : Unit 1	Gymnastics : Unit 1	Ball Skills : Unit 1	Games : Unit 1
Reception	Introduction to PE : Unit 2	Dance : Unit 2 Yoga	Fundamentals : Unit 2	Gymnastics : Unit 2	Ball Skills : Unit 2	Games : Unit 2
Year 1	Fundamentals	Dance Yoga	Gymnastics	Sending and Receiving	Athletics	Target Games
Year 2	Fundamentals	Dance Yoga	Gymnastics	Sending and Receiving	Athletics	Target Games
Year 3	Fitness Volleyball Y5/6	Dance Yoga	Yoga	Tennis Tag Rugby	Handball	Dodgeball
Year 4	Athletics	Dance Yoga	Swimming	Swimming Tag Rugby	Basketball	Dodgeball
Year 4	Athletics	Dance Yoga	Swimming	Swimming Tag Rugby	Basketball	Dodgeball
Year 5	Fitness	Dance Yoga	Swimming	Swimming	Tag Rugby	Rounders
Year 5	Fitness	Dance Yoga	Swimming	Swimming	Tag Rugby	Rounders
Year 6	Athletics	Dance Yoga	Gymnastics	Tennis Volleyball Y5/6	Swimming	Swimming